

August 2025

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# NEWSLETTER



Ethnic Communities Council  
of Western Australia Inc

August 2025

## ACKNOWLEDGEMENT OF COUNTRY



The Ethnic Communities Council of WA acknowledges and pays tribute to the Whadjuk people of the Noongar Nation and their Elders past and present as the Traditional Custodians of the Country (Boodja) on which we work.

We acknowledge the Traditional Custodians of Country throughout Western Australia and recognise their continuing and cultural connection to land, waters and community. We pay our respect to them, their cultures, and to Elders both past and present.



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# President's Message

KAYA. WANJU.

K A Y A . W A N J U .

Welcome to the Noongar season of Djilba: Season of conception. ECCWA continues to have a busy period of ongoing organizational reforms in governance & strategic travel alongside transitions with operational delivery.

I would like to start with gratitude to our staff, board members, volunteers and, diverse stakeholders for the delivery of the ECCWA 2024-2025 work program, which concluded successfully in August. While the current edition covers community activities that we either conducted or contributed towards, my message also touches on the financial year that has been. Interestingly, as with the August 2024 edition, this edition brings to your attention transparency in governance and management, far sightedness, willingness to act courageously, address wider social determinants and budget resources to put women at the core of decision making. As valued members and stakeholders, you will be pleased to learn that we have progressed by leaps and bounds in governance, member and community stakeholder engagement and contribution to national & state priorities for a culturally diverse, harmonious and healthy Australia.

**Governance:** Alongside a very busy period for the Risk Management and Financial Scrutiny Subcommittee, we held our second quarterly Governance and Management meeting in June. Together, these strengthened ongoing efforts of the current Board to enhance transparency in management, fiscal prudence, protecting reputation and delivery of priorities identified in the 2023-2026 ECCWA strategic plan. Introduced in March 2024, the paradigm shift in organizational governance has been the result of painstakingly slow but steady implementation of reforms over the past eighteen months. The shift in how we monitor our own performance using a framework and structures has enabled the board to identify risks in time, ensure efficient decision-making and execution and demonstrate accountability to our stakeholders. The reforms have enabled ECCWA to grow in effectiveness, reputation and strategic relationships – the fruits of which are only now beginning to bear. However, the year has been difficult from a financial perspective, despite the outgoing CEO and her team's efforts to build and diversify income and despite the board's efforts to walk the tightrope of improving efficiency without impacting operations.

**Stakeholder Engagement:** We collaborated for the Winter Equity Newsletter with the Centre for Women Safety & Welfare, Pramana General Practice and Curtin University. Strongly supportive of ECCWA's commitment to women wellbeing, safety and justice in WA, they respectively highlighted the Intersection between policy and advocacy; General Practice experience and challenges of FDV at grassroot level; The potential impact of effective policies and resources in helping women become fearless and SHAKTI project

# President's Message

## CONTINUED

Going forward, we are looking to collaborate on priorities and challenges highlighted in the equity newsletter. Similarly, a Gender Equality Act for WA would be a goal to work towards tackling economic inequalities and other societal challenges faced by women across the board and particularly by women of CaLD backgrounds. Coincidentally, in the August 2024 Newsletter, I had highlighted the role of gender responsive budgeting and women in decision-making for socially cohesive structures. It is a matter of pride that we can now demonstrate board vision to state and federal priorities such as women wellbeing and prevention of family domestic violence.

Other stakeholder engagements during this period provided ECCWA the opportunity to connect with our communities, acknowledge the invaluable contribution of WA agencies in celebrating the rich diversity within Western Australia and contributions made by WA CaLD communities: UWA's My Australia Story ; Australian of the Year nominations campaign by Auspire; Mirrabooka Refugee Week Committee's Freedom Cup and, women's Dandjoo Forum hosted by the Department of Home Affairs' newly launched Office for Multicultural Affairs (OMA). Together, these events highlighted how every one of us shapes contemporary Australia, challenge stereotypes and promote an inclusive national identity.

**Our team:** While we bade goodbye to Angelena Fixter (CEO), Laura Goodwin, Michelle Fabiana and Amy McNaughten, we also welcomed Jahnvi Singh (EO), Leanne Gomes (Admin) and Media (Volunteer). During the year that Angelena led our executive operations, she was particularly focused on the challenge of financial sustainability of ECCWA, whilst re-establishing relationships and building stakeholder engagement to find common threads that unite us. Angelena led on a number of grants and most recently successfully helped us bid for the 2025- 2026 Speak My Language grant. I thank Angelena for her role in supporting ECCWA become strong in its own right. On page 3, we have a brief message from our incoming Executive Officer.

In keeping with the board's vision, the August newsletter also shines spotlight on a board member, Eugene Low. Eugene is also a valued member of the Board Risk Management and Financial Scrutiny Subcommittee. On page 6, he shares the reason he was attracted to ECCWA and what drives him to give back to the community.

Lastly, if you know of community organisations working in the CaLD space and interested in ECCWA membership, we would love to hear from them. If you would like to arrange a visit, collaborate with ECCWA or support us through our events, initiatives and projects, our staff are always available to connect and communicate. Always available to connect and communicate, you are welcome to email me on [president@eccwa.org.au](mailto:president@eccwa.org.au)

I hope you enjoy reading this edition.

Dr Sadhana Bose MBBS MD MPH MFPHM FFPHM





# Executive Officer's Message

*"I believe policies thrive when rooted in both data and empathy—my ambition is to build bridges between governance and grassroots, one innovative solution at a time."*

It is both an honor and a responsibility to step into the role of Executive Officer of the Ethnic Communities Council of Western Australia (ECCWA). As I begin this journey, I am deeply conscious of ECCWA's legacy as the voice of multicultural communities and equally determined to ensure that we now move forward bigger, bolder, and stronger — standing true to who we are as the peak advocacy body for CaLD communities in this state.

My vision for ECCWA is simple yet ambitious: to become the space where every community feels represented, every voice is valued, and every idea has the potential to shape the society we share. This means not only driving systemic advocacy at the highest levels of government, but also working hand in hand with grassroots communities, leaders, and young voices to ensure that policy is anchored in lived experience. It means building stronger partnerships across sectors, modernising how we engage and communicate, and above all, creating opportunities for meaningful participation.

I bring to this role a background in policy, governance, and advocacy across international and community settings. But more importantly, I bring an unwavering belief that diversity is our greatest strength, and that it is our responsibility to ensure systems are inclusive, equitable, and just. As Kofi Annan once said, "We may have different religions, different languages, different colored skin, but we all belong to one human race." This conviction underpins everything we do at the ECCWA.

I believe the best way to achieve this is by listening first. Later this year, around the end of November, we will host a flagship consultation — an open invitation to all our members and stakeholders to contribute directly to ECCWA's future direction. This will be a pivotal moment for the Council's renewal, and I warmly encourage you to join, share your suggestions, and tell us what you expect from your peak body in the years to come. Your voice will help us shape a Council that is fit for purpose, fit for the future, and true to its communities.

As ECCWA moves into this new phase, my commitment is to lead with transparency, empathy, and courage. Together, with the guidance of our Board, the dedication of our staff and volunteers, and the trust of our members, we will strengthen ECCWA's presence, expand its impact, and position it where it belongs — as the united voice of multicultural Western Australia.

For me, this is only the beginning. With your partnership, we can reimagine ECCWA not just as a council, but as a movement for equity, inclusion, and cohesion. I look forward to working alongside you to make this vision a reality.



Jahnvi Singh, Executive Officer



# MEMBERSHIP

## Keep Your Membership Active!

Dear Members,

As part of our ongoing efforts to ensure that all our services and communications are tailored to meet your needs, we kindly remind you to update your contact details if there have been any changes recently. Keeping your information current helps us serve you better! You will find the form to update your details [here](#).

Have You Renewed Your Membership? If you haven't yet paid your annual membership fee for 2024-2025, now is the perfect time to do so. Maintaining an active membership ensures uninterrupted access to all the benefits and resources ECCWA offers.

Easy Online Payment: You can quickly and securely renew your membership by clicking the "Pay Now with Paypal" button on <https://www.eccwa.org.au/membership>

Thank you for your continued support and involvement in ECCWA. Together, we are stronger!

Visit our [website](#) or contact us at [admin@eccwa.org.au](mailto:admin@eccwa.org.au) to learn more and become a member today.



# MEMBERSHIP

## Membership – New Members

Join the Ethnic Communities Council of Western Australia Today!

Become a part of Western Australia's leading voice for ethnic communities. As a member of ECCWA, you will gain access to a range of benefits that can empower your organisation and enhance your impact:

**Strong Advocacy:** Leverage our robust advocacy efforts to ensure your community's voice is heard in key policy decisions.

**Extensive Networking:** Connect with a diverse network of organisations, enhancing collaboration and shared learning.

**Professional Development:** Benefit from our workshops and training designed to build your organisation's capacity and effectiveness.

**Enhanced Visibility:** Raise your profile within the community and among key stakeholders through our platforms and events.

**Funding Opportunities:** Access information on funding sources and receive guidance to support your funding applications.

**Increased Credibility:** Enhance your reputation through association with Western Australia's peak body for ethnic communities.

Act now to empower your community and strengthen your services. [Join](#) ECCWA and be a part of a collective voice that makes a difference! Membership is \$33 AUD on a financial year basis.

Visit our [website](#) or contact us at [admin@eccwa.org.au](mailto:admin@eccwa.org.au) to learn more and become a member today.



# Board Spotlight



## Eugene Low

Eugene is an engineer by trade; he graduated from Curtin University with a 2nd Upper Class in Bachelor of Computer Systems Engineering.

He is currently working in a local manufacturing company with global presence as an Account manager servicing a wide variety of businesses including the mining sector, logistics and many more. Before this, he worked at a managerial level in multinational corporations such as Western Digital, and NEC, in addition to a family run business. This provided him the opportunity to travel extensively and expose him to various cultures around the world.

Eugene enjoys being a volunteer and this started in his youth selling flags for various charity organisations and serving the less fortunate. He was a Guild counsellor and a student leader with the International Student Council at Curtin University. He also served as a Grassroot leader back in Singapore for several years. When he came back to Perth, he volunteered as a coach and team manager for local soccer clubs and is the current Assistant Secretary for the Chung Wah Association that represents and supports the Chinese community in Western Australia.

Eugene migrated to Western Australia in 2013 with his wife and three children. He is very active and enjoys outdoor activities, going for runs, and keeping fit. Being an overseas student and immigrant himself, he understands the difficulty and challenges moving to a new environment and actively supports and assists newcomers in this area. He believes that reducing racism and fostering multiculturalism in our society begins with open communication, cultural exchange, and treating everyone with equal respect.

As a board member, he is eager to draw on his experience, knowledge, and skills to support ECCWA in achieving its vision and mission. He is committed to helping build a strong foundation for the organisation through effective policies and regulations that enable sustainable growth.



# Staff Spotlight



**Leanne Gomes**  
**ECCWA's new Admin Assistant**

Leanne is an experienced Administrative and Research Assistant with over 15 years in administrative roles, including 8 years in mental health services. A first-generation Australian, she was born in Western Australia after her parents migrated from India to the UK and later settled in Perth. Growing up, Leanne was surrounded by the friendships her family built through ethnic communities in WA, giving her a strong appreciation of the vital role these groups play in fostering equity, connection, and mutual understanding.

Alongside her administrative expertise, Leanne studied Multimedia Design and also works in the disability sector, bringing a creative, adaptable, and people-centred approach to her work. She is passionate about contributing meaningful support within the Ethnic Communities Council of WA, where her reliability, attention to detail, and commitment to community make her a valued team member.

Beyond work, Leanne has a love for travel, she has journeyed around the world multiple times and dreams of visiting Egypt one day. She now lives in Perth with her partner and their two daughters.

Leanne believes that celebrating diversity and understanding different cultures strengthens communities and creates opportunities for people to connect and thrive together. Through her work at ECCWA, she is committed to helping foster an inclusive environment where every voice is valued and respected.



# Community Update

## **ANBUMOLY KUPPUSAMY** *COMMUNITY LIAISON SPECIALIST*

Over the past few months, we've had the honour of weaving new threads of compassion, connection, and cultural understanding across our communities. Under the coordination and heartfelt guidance of Anbumoly, ECCWA has launched and facilitated a project close to all our hearts: Community Connectors.

### **Community Connectors Project -Upcoming**

**Timeline:** February 2025 – February 2028

**Partners:** Perron Institute (UWA), South West Compassionate Communities Network (SWCCN)

**Target Audience:** Multicultural communities, community leaders, faith leaders, bilingual volunteers

**Beneficiaries:** Older adults in CaLD (Culturally and Linguistically Diverse) communities, their families, and the broader public

This project is about more than just building knowledge, it's about nurturing the human spirit. We're working hand in hand with diverse communities to explore how a "Compassionate Communities" approach can foster social connectedness, death literacy, and grief literacy. In many cultures, death and grief are spoken of in hushed tones but we're creating safe, inclusive spaces for these vital conversations to flourish.

### **Looking Ahead**

As the Community Connectors project continues to grow, we look forward to welcoming more voices, stories, and cultures into the circle. Whether you're a bilingual volunteer, a community leader, or someone who simply wants to learn. There's a place for you

This is how change begins: one conversation, one act of compassion at a time.





# Community Update

## Past Workshops

### Citizen Connector Training | Facilitated by Anbumoly

In these sessions, we dove deep into the power of community during life's most difficult times. Participants learned how to become Citizen Connectors community members who offer emotional support, guide others to local services, and open up space for conversations around grief and loss.

From learning how to have difficult conversations to understanding the difference between clinical support and compassionate presence, the training provided tools that will ripple far beyond our city.

### Compassionate Café | July 17, 2025

In a room filled with the gentle hum of conversations, laughter, and shared silences. The Compassionate Café, co-facilitated by Shane and Samar from the Perron Institute, was just that, a casual yet deeply meaningful gathering where people came together to talk about death, dying, and supporting one another through grief. Participants bravely shared personal stories shaped by their cultures, beliefs, and life experiences. These moments of vulnerability and connection are exactly what this project is about.



# Community Update

## Child and Adolescent Community Health (CAHS)

**Timeline:** March 2025 – July 2025

**In Collaboration With:** Janali & Co.

**Region:** Armadale West – including Armadale, Haynes & Seville Grove

### **Purpose:**

Understand how culturally and linguistically diverse (CaLD) families engage with child health services in their children's early years (0–4 years), and to amplify their voices in shaping more inclusive health care experiences.

### **Listening to Mothers, Building Trust**

Over the course of June and July, we met with 43 incredible women from diverse CaLD backgrounds. Through 11 interviews and 6 group conversations, we heard their stories, struggles, and successes when accessing child health services in their local area.

These community insights were not just data points they were life stories that reflected broader issues like language barriers, unfamiliar systems, migration trauma, and access to support.

### **Diversity Within Diversity**

Our outreach strategy was intentional aiming to reflect the complex layers of diversity in our communities:

- Migration pathways (refugees, asylum seekers, skilled migrants)
- English proficiency levels
- Access to settlement supports
- Education backgrounds
- Confidence navigating Australian health services

Every woman who spoke to us added something valuable to the tapestry. We're grateful for their honesty, courage, and trust.





# Community Update

## Project Update: Multicultural Action Plan – South Metro Health Services

**Timeline:** March 2025 – December 2025

**Partner:** Janali & Co.

**Hospitals Involved:** Rockingham, Fremantle & Fiona Stanley Hospitals

**Purpose:** To co-develop a Multicultural Action Plan that reflects the true needs, voices, and priorities of CaLD consumers and the services that care for them.

This project was about collaboration at every level from community members and leaders to interpreters, frontline service providers, and health care staff.

Here's what we've done so far:

- Flyers distributed in GP clinics and local venues
- Information sessions with member organisations
- Display booths in 3 major hospitals, staffed by passionate student volunteers with healthcare backgrounds
- 16 interviews completed (online and in-person)
- 2 engagement workshops:
  - Community Leaders & Service Providers (15 participants)
  - Interpreters (9 participants)

These aren't just "projects" they're acts of listening, co-creation, and healing. When we pause to understand the real barriers our communities face and when we invite them to be part of the solution we build health systems that are kinder, fairer, and stronger.

Thank you to everyone who has been part of this journey so far. We can't wait to share the final Multicultural Action Plan later this year.





# Community Update



*Fiona Stanley hospital*



*Engagement with community leaders at Hillview, Bentley*

# Capacity building & Advocacy

## Bridging the Digital Divide – WACOSS Digital Inclusion Project

**Timeline:** 1<sup>st</sup> July – 31<sup>st</sup> December 2025

**Purpose:** The WA Digital Inclusion Project aims to deliver digital inclusion initiatives to support digitally excluded people in WA to access and use digital technology for work, learning, and life – working towards bridging the digital divide.

**Partner :** WACOSS (Western Australia Council of Social Services)

**Target audience :** Digitally excluded migrant women

**Progress:** We've been proud to partner with the Western Australian Council of Social Service on an important initiative: the WA Digital Inclusion Project. This project is dedicated to creating opportunities for people who have been digitally excluded, ensuring they can access and use technology for work, learning, and everyday life.

One of the key focus groups for this program is migrant women, many of whom face unique barriers when it comes to digital skills and access.

Over the past months, the project has made exciting progress. We have welcomed women from across communities, held introductory meetings to complete important steps, and worked with project partners to arrange interview sessions. This collaborative approach ensures that every participant feels supported and valued as they take their first steps into the program.

**Looking ahead,** we are thrilled to announce that the course is scheduled to commence in February 2026. With the dedication of WACOSS and our project partners, we are confident that the Digital Inclusion Project will make a lasting difference helping women unlock new opportunities, strengthen their skills, and bridge the digital divide.

## Mind Care Digital – Supporting Dementia Prevention in CaLD Communities

**Timeline:** March 2025 – March 2029

**Project aim:** To improve access to preventive health intervention that reduce dementia risk in culturally and linguistically diverse (CaLD) Australians.

This project is Co-creating the Mind Care Digital (MindCare-D) Program, culturally adapted, digital interventions targeting high risk of dementia in target groups.

**Partner:** La Trobe University

**Target audience:** Pacific Islands communities aged 45+ or a community or faith leaders, healthcare providers, or policy makers working with these communities

**Progress:** The heart of the project lies in co-creation, working alongside communities to design digital interventions that are culturally adapted, meaningful, and practical. By tailoring resources to the lived experiences and cultural context of Pacific Islanders, the program aims to reduce dementia risk and strengthen health outcomes in ways that truly resonate with participants.

At this stage, recruitment is underway for 20 participants, these participants will come together for a full-day workshop where they will trial the newly developed dementia prevention resources. Their feedback will be invaluable in shaping the program, ensuring that it is both effective and culturally appropriate for broader community use.

The MindCare-D Project represents an exciting step forward in making dementia prevention more accessible, inclusive, and empowering.



# Capacity building & Advocacy

## Recognise, Celebrate & Respond – City of Belmont – 24th August 2025

Event recognising the diverse lived experiences in the community, celebrating culture and responding with meaningful dialogue and action. The event also had interactive feedback stations and reflective booth, inclusive and welcoming to all ages and backgrounds and community storytelling panel “What does it mean to belong?”

## OMI Networking event – 24<sup>th</sup> August 2025

I had the opportunity to attend a forum with Hon. Dr Tony Buti MLA, Minister for Multicultural Interests, together with other community leaders, organised by OMI. The event featured a range of cultural and community presentations showcasing the valuable work being done by different organisations, as well as informative sessions on topics such as scamming and local elections. It was a great opportunity to listen, learn, and connect—sharing about our own work while also hearing the experiences of others. The forum provided meaningful insights and strengthened networks that support collaboration across communities.





# Capacity building & Advocacy

## Community Engagement at the City of Belmont

On 21 August 2025, we had the opportunity to attend the quarterly meeting of the Cultural Diversity Advisory Group (CDAG) at the City of Belmont.

These gatherings bring together stakeholders, community leaders, and council representatives to share updates, build connections, and learn from one another. More importantly, CDAG provides a platform to ensure that diverse cultural perspectives are heard and valued in local planning and decision-making.

By contributing to these conversations, we are helping to strengthen community ties and ensure that inclusivity remains at the heart of how the City of Belmont grows and serves its residents.



## Naidoc Week - City of Belmont (7<sup>th</sup> July 25)



# Self Care



## Capacity Building for staff CPR & First Aid Training in the workplace (22th July 2025)

-As part of our commitment to staff development and workplace safety, our team recently completed a First Aid and CPR training session facilitated by Kumar Goteti. The training provided staff with essential knowledge and practical skills to respond effectively in emergency situations.

-This training not only strengthens workplace safety but also enhances our capacity to support members, partner organisations, and the wider community by building staff confidence, promoting a culture of care, and leading by example in fostering safe, supportive environments.





# Out & About

## New season of **My Australia Story** & **2026 Australian of the Year nominations campaign**



UWA's School of Social Sciences and WA Museum Boola Mardip launched the new season of My Australia Story. The season introduced a new set of multicultural leaders and highlighted the inspiring career journeys of first-generation immigrants who have made Australia their home and built meaningful, successful careers here.



Launch of the 2026 Australian of the Year nominations campaign by Auspire – The Australia Day Council of WA was similar in concept with nominations for the 2026 awards closing on 31st July 2025. To quote our President, "In both events, it was a privilege to hear from inspiring award recipients who have made profound impact on lives and communities across our country. It was invigorating to meet & network with other attendees".

# Out & About

## Mirrabooka Refuge Week Committee's Freedom Cup & Family Fun Day: August 2025

To quote our President, "It was my second year of attendance in the fun day, and I am still in awe of the way Australia embraces tolerance and compassion". By bringing together many refugees who have resettled in Perth, as well as other members of our vibrant local community for friendly soccer, the Freedom cup event showcases the power of sports in unifying people, harmony and the importance of refugee week.

## Department of Home Affairs: Breakfast | 16/08/2025

More recently, our President & Vice President attended the inaugural women's Dandjoo Forum hosted by the Department of Home Affairs' newly launched Office for Multicultural Affairs (OMA). The department's vibrant, consultative approach was a perfect catalyst for the spirited energy of women representatives from WA's ethnically diverse communities and gave me the opportunity to meet some new organisations.





# Subcommittee Update



Led by the board, our subcommittees seek to focus on ethical, accountable and transparent processes along with a view to attracting high calibre individuals from our communities with a passion for social cohesion and upholding Australian values. Our subcommittees have benefitted from such volunteer community contributions. ECCWA thanks you for your interest in assisting our effort to build an inclusive, thriving and harmonious society wherein people of CaLD backgrounds play a crucial role.

The subcommittee tasked with review of ECCWA policies & procedures is currently dovetailing ECCWA Constitution and Manual. This is to ensure the two documents are not out of sync with each other and that they reflect all changes introduced by the current board. "Fit for purpose" policy manual will ensure organisational values, vision and mission are guiding the evolving needs of WA's CaLD communities and working within the multicultural framework.

**For further information, please contact:**

Dr Divya Sharma (ECCWA Vice President & Board Lead for Review of Policies & Procedures Manual):

**[vp@eccwa.org.au](mailto:vp@eccwa.org.au)**

Jahnvi Singh (Executive Officer of ECCWA):

**[eo@eccwa.org.au](mailto:eo@eccwa.org.au)**

# News

## FECCA Australian Multicultural Health Collaborative (AMHC)

We are pleased to announce the appointment of the following WA community members to the AMHC Governance Council:



• **Dr Raji Radhakrishnan**  
GP, Pramana Medical Practice



• **Thurka Sitparan**

Both are passionate about health equity and with demonstrable knowledge of multicultural health, skills to contribute to AMHC core vision and experience addressing CaLD health disparities arising from systemic barriers or socio-economic inequities.

Dr Raji and Thurka were selected following a highly competitive process conducted by FECCA, following a national Expression of Interest. Appointments to the AMHC Governance Committee will run from 01 July 2025 to 30 June 2026, with the possibility of extension through to 30 June 2027.

Established by FECCA with funding from the Department of Health and Aged Care, The Collaborative is the national peak body for multicultural health and represents the diverse voices of members which include consumers and carers, multicultural health and social care services, practitioners, researchers and affiliate organisations. The Collaborative's Governing Council (GC) is a mechanism to provide strategic guidance to the work delivered by The Collaborative.

Together with Dr Sadhana Bose, our volunteers also represent WA's contribution to national priorities and demonstrate our state's rich resource of ethnic CaLD individuals with skills, lived experience and expertise.

# Upcoming Strategic Events

## SAVE THE DATES

**11 & 12 November 2025**

**Event:** AMHC Health & Wellbeing Conference, Melbourne.

To register and for more details on the conference program, click the image below



**NATIONAL MULTICULTURAL  
HEALTH AND WELLBEING  
CONFERENCE 2025**

**Date TBC November 2025**

**Event:** 2026-2029 ECCWA Strategic Framework Consultation & Multi-cultural Fiesta, Perth





JOIN OUR WORKSHOP

# Help Shape a Dementia Prevention Program for Your Community!

MindCareDigital aims to improve access to dementia prevention education in culturally and linguistically diverse (CALD) communities through a web-based platform that can be used on smartphones, tablets, and computers.

## Workshop information:



9:30am - 5:30pm | Saturday 25 October 2025



20 View Street, North Perth, Western Australia 6006

## WHO CAN JOIN?

You're invited if you:

- ✓ Are 45+ and from the **Pacific Islander communities**
- ✓ OR are a community or faith leader, healthcare provider, or policymaker working with these communities
- ✓ Can speak and read in English
- ✓ Are available to attend an in-person workshop

## WHAT'S INVOLVED?



Explore 6 short modules from the program



Share feedback on how to make the content clearer and more culturally relevant



Participate in small group discussions and vote on ideas

## YOU'LL RECEIVE:



A gift voucher as a thank you for your time



Catered meals and breaks throughout the day

To register, please contact:

Anbumoly

[anbumoly@eccwa.org.au](mailto:anbumoly@eccwa.org.au)

0451 963 919







Indian Society of Western Australia  
in collaboration with member associations

# Diwali Mela

## Festival of India

**FREE!**  
School Holiday  
Fun



**Sat, 4th and Sun, 5th October, 2025**  
**Langley Park 3:00pm to 9:30pm**

This event is supported by



**OFFICE OF  
MULTICULTURAL INTERESTS**

ISWA Event Coordinator | Dr Divya Sharma - 0401 670 707

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# We need your help!

Researchers from The KidsResearchInstituteAustralia want to learn more about how respiratory syncytial virus, or RSV, affects your family.

- RSV is a common cause of runny noses, coughs and fever. It can make young kids very sick and require treatment in hospital.
- We would like to chat with **multi-cultural parents and carers** to learn more about how RSV affects your family, and what information is important to you when learning about RSV immunisations.



**If you are a parent or carer from a culturally and linguistically diverse country who:**

- has a child aged two or under, and/or
- are expecting a baby or planning to have one in the next 12 months

**we would love to hear from you!**



Scan the QR code to sign up, or contact  
**STAMP\_RSV@thekids.org.au**  
for more information.



📍 20 View Street, North Perth, WA 6006

☎ (08) 9227 5322

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Ethnic Communities Council  
of Western Australia Inc